



Conversation Starters

Instructions: Everyone has a story to share, but it can get tricky to spark an interesting conversation. That's where our conversation cards step in! We have put together a list of questions to discuss with the people around you.

It's pretty simple - each person picks 3-4 questions from the deck, then take turns, each person asks a question and the other person answers, after the person has responded it is your turn to give your response to your own question. Keep alternating, and feel free to ask follow-up questions and enter a deeper discussion whenever you wish.

Remember that there are no "right" or "wrong" answers, so be honest. In the end, we hope you have a good conversation and learn something new about each other.

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What skill or activity are you really good at doing?

When you travel, do you pack too much or too little? Explain.

What's the first thing that comes to mind when you hear the word "fun"?

What are the best steps you've ever taken in an effort to improve your health?

What's one fashion trend you hope never comes back?

How important is it to you that people remember, spell, and pronounce your name correctly? Why?

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What's your favorite item to cook? Why?

What's one guilty pleasure you enjoy too much to give up?

What do you admire most about your best friend?

What sound drives you crazy? Explain the sensation it creates.

To feel rested, how many hours of sleep do you need each night? What's the first thing you notice when you haven't slept enough?

What food do you eat for comfort?

Do you save old greeting cards and letters, or throw them all away? Why?

When you're alone at home, do you wear shoes, socks, slippers, or go barefoot?

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What items do you currently have stored in the trunk of your car?

What remedy for curing the common cold works best for you?

How often do you read the newspaper? Which sections do you turn to first?

Which animals scare you most? Why?

Where are you ticklish? How much does it bother you to be tickled?

Do you enjoy hugs? Describe what it feels like for you to receive a hug?

Are you more likely to avoid conflict or engage in it head-on? Why?

What's the story behind a time when a car you were in broke down?

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What's something about yourself that you hope will never change?

When did you last have fresh flowers in your home?
What was the occasion?

Are you usually late, early, or on time? Why?

If you could switch job responsibilities with your boss, would you do it?
Why or why not?

How much of a bargain hunter are you? Explain.

If you could go back in time, what year would you visit?
Why?

What one word best describes your mother?
Explain.

If you could change your occupation, what would you do?

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Are you a person who has a whole lot of acquaintances or just a few very close friends? Why?

If you were to write a book about your life, what would it be called?

Are you superstitious? Give an example.

If you could rob from the rich and give to the poor and get away with it, would you do it? Why?

Which is better: your short-term or your long-term memory? What would life be like if you only had one?

What is beauty?

How competitive are you? Explain.

What is the ideal age to get married? Why?

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What big challenge have you taken on recently?

Why do you think it's so hard for people to say they're sorry?

On a scale of 1 to 10, how controlling of a person are you? Explain.

Whom do you consider the greatest president of all time? Why?

Where do you think you spend most of your money?

How well do you receive criticism from others?

What allergies do you have? Does it ever stop you from doing things?

What role does trust play in our everyday relationships?

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At what time of the day do you feel your best?
How about your worst?

What's the best way to handle another person's hostility and ease tensions?

What fear would you like to overcome? Why?

How important is physical appearance when it comes to achieving success or getting one's way in life? Explain.

Who is the first person you tell when something good happens to you?

When is failure a success?

What do you do when you want to relax?
Describe how it helps you.

What is the meaning of life?
Is it the same as the purpose of life?

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What's your favorite question to ask? What's your favorite question to answer?

What's your all-time favorite band, and what would you give to meet them?

How much of a "people watcher" are you? In what places do you find yourself "people watching"?

What's the most serious illness or injury you ever faced?

What is your greatest physical challenge?

What impossible task are you facing right now?

Under what circumstances is it impossible for you to sleep?

Have you ever been falsely accused? Describe the situation and how you felt about it.

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How accident-prone are you? Describe a recent incident.

If you just found out you had only two weeks to live, what top two or three things would you do? Why?

Are you more of a dog person or a cat person? Why?

When was the last time you said, "It's my fault—I'm sorry"? Explain the situation.

Where would be your favorite place to take an out-of-town guest?

What kinds of things do you catch yourself exaggerating about?

What's one thing you would rather pay someone to do than do yourself? Why?

How at peace are you with yourself? Explain.

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What's your favorite expression?

What's an example of your passive-aggressive side?

What's your favorite subject to discuss? Why?

In what area of your life are you immature?

Whom do you most admire? Why?

What do you hope will be your biggest lifetime contribution to society?

When you go to a movie, do you like to sit in the back, middle, or front? Why?

Have you ever had the urge to stand to your feet and cheer? What gave you that feeling?

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What's your most and least preferred forms of exercise?
Explain.

What silly thing have you done in the name of love?

What's one of your favorite summer activities to do with family or friends?

What's the most courageous thing you've ever done?

What's your preferred way to meet new people?
Explain.

Have you ever felt excluded? Explain the situation and how it made you feel.

What is your favorite day of the week? Why?

Is it better to have loved and lost or never to have loved at all? Explain.

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What social issue fires you up? Explain.

What color describes your mood right now? Why?

What was your first job?
How much did you get paid?

When do you find yourself singing?

When have you experienced poor customer service?
How did you react?

What objects from your childhood have you saved?
Explain why.

How many bones have you broken? Share the details.

How is your love for your friends different from your love for your family?

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What was your favorite subject in school? Why?

Growing up, for which holidays did your family decorate the house?

Have you ever had a challenging roommate situation? What was difficult about it?

What lasting lesson did you learn from your parents?

What was the best or worst job you ever had? Why?

What one new thing did you learn in the last week?

What brings out your pessimistic side?

What does it mean to be powerful?

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<p>Have you ever broken or spilled something in someone else's home? Did you try to cover it up or fix it so it would go unnoticed? Explain.</p>	<p>Why are bad habits so hard to break?</p>
<p>How do you most want to be remembered?</p>	<p>How would you describe the perfect day?</p>
<p>How do you suggest overcoming negative self-talk?</p>	<p>If you could give one piece of advice to pass on to the next generation, what would it be?</p>
<p>What's the age of accountability? Explain.</p>	<p>Whose autographs have you collected?</p>

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Do you think cell phone use should be allowed during family gatherings? Explain.

Share a time when being optimistic helped you through a difficult time.

Do you think that everyone should be able to vote in an election? Why?

Share a time when you felt the most proud of yourself.

If you could only subscribe to one piece of media (newspaper, magazine, website, tv channel), which would you choose? Why?

If someone offered you \$5 million dollars, or gave you 50 cents and the offer to double your money each day for 30 days, which would you choose? Why?

How good are you at using a map or navigating a place you have never been before? Explain.

How many hours of TV watching is healthy in a day?

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